

news & notes

The Timbermen Fund Claims

The Timbermen Fund claims department manages claims from the First Report to satisfactory conclusion. Please contact The Timbermen Fund claim department with any questions before, during, or after a claim. Our experienced claims staff works to reach the best outcome on every claim. We utilize various tools and partner with leading companies for an integrated approach to claim handling. We believe in comprehensive investigations as well as the pro-active management of every claim. We are here to meet the needs of our insureds and their injured employees.

Contact our claims department:
New claim reporting: phone 318/628/8166 or fax 318/628/7084

Or contact our claims staff directly:
Kala Crowe, Claims Manager
Lisa Vincent, Claims Adjuster
Lori Carson, Claims Adjuster

Call toll-free at 1-877-628-6730 or fax completed "[Employer Report of Injury/Illness Form](#)" (LDOL-WC-1007) to 1-877-669-9140.

Louisiana law requires that you report a claim within 10 days of your actual knowledge of any injury resulting in death, or in a loss of more than seven (7) working days. If you fail to report within the allotted time frame, you could be fined by the State of Louisiana for each occurrence.

Timbermen Website

Timbermen customers can access forms and safety tools to help improve safety and compliance in their organization at:
www.timbermenfund.com

Timbermen tidbits

January 2014

Power Tool Safety

- *Know the tool you are using, its application, limitations and potential hazards.
- *Select the proper tool for the job.
- *Don't tackle a big job with an undersized tool - make-shift tools can cause accidents.
- *Ground all tools unless double insulated. A double insulated tool usually has a plastic or non-conductive outside housing and 'double insulated' embossed into the case or stamped on the manufacturer's label.
- *If the tool is equipped with a three-prong plug, it should be plugged into a three-hole receptacle or extension cord. Never break off the ground prong; it's there for your protection.
- *Always remove adjusting keys and wrenches before turning on the tool. It's a good practice to make adjustments only when the tool is unplugged.
- *Keep your work area free of clutter and debris. These can become tripping hazards.
- *Tool guards are designed to make tools safer. Never remove or wedge a guard out of the way.
- *Construction sites change constantly. Be alert to potential hazards in your work area.
- *Avoid accidental start-up. Make sure the switch is OFF before plugging in the cord or when the power has been interrupted.
- *Make sure saw blades, drill bits, router cutters, etc., are sharp, clean and regularly maintained. Use only recommended accessories and follow the manufacturer's instructions.
- *Do not force the tool. Each tool can do a better job at its designed speed. Do not over-reach. Keep proper footing and balance at all times.
- *Dress properly. Avoid loose clothing that could catch in moving parts.
- *Secure your work. Use clamps or a vise to hold your work whenever practical.
- *Never use a tool with a frayed or damaged cord.
- *Do not attempt any field repairs. Return broken tools for proper repair.
- *After use return the tool to its original carrying case and store in a dry, secure location.

FOLLOW THESE GUIDELINES AND YOU WILL FIND THAT TOOLS PERFORM BETTER, OPERATE MORE SAFELY, AND LAST LONGER.

*Have a safe, Happy New Year.
Best Wishes in 2014!*



Slow Cooker Sausage Breakfast Casserole

Ingredients

1 pkg (26-32 ounces) frozen shredded hash brown potatoes

1 pkg Pork Sausage browned, crumbled

2 cups (8 oz.) shredded mozzarella cheese

1/2 cup (2 oz.) shredded Parmesan cheese

1/2 cup julienne-cut sun-dried tomatoes

packed in oil, drained

6 green onions, sliced

12 eggs

1 cup milk

1/2 tsp. salt

1/4 tsp. ground black pepper

1. Spray a 6-quart slow cooker with cooking spray.

2. Layer half of the potatoes on the bottom of the slow cooker.

3. Top with half of the sausage, mozzarella and Parmesan cheese, sun dried tomatoes, and green onion.

4. Repeat layering.

5. Beat eggs, milk, salt, and pepper in a large bowl with a wire whisk until well blended.

6. Pour evenly over the potato-sausage mixture.

7. Cook on low setting for 8 hours or on high setting for 4 hours, or until eggs are set.

Makes approx. 12 servings

The Timbermen Fund

Louisiana Safety Association of Timbermen

113 E. Main Street

P.O. Box 1439

Winnfield, LA 71483

(318) 628-6730

1-877-628-6730

www.timbermanfund.com

DRIVE DEFENSIVELY

We always hear mention of defensive driving, but do we really know what defensive driving means? Do we realize the commitment that we have to make to become a defensive driver? Defensive driving means driving to prevent accidents in spite of the actions of others or the presence of adverse driving conditions. Simply stated, defensive driving means no surprises.

Now let's talk about the commitment required to become a defensive driver. To illustrate this commitment let's look at the detailed requirements of the National Safety Council's defensive driving program. The object of defensive driving is to drive without having a preventable accident.

- Defensive driving requires the knowledge and strict observance of all traffic rules and regulations applicable to the area in which the vehicle is being operated.
- Defensive driving requires a constant alertness for the illegal acts and driving errors of other drivers, and a willingness to make timely adjustments in your own driving so that these illegal acts and errors will not involve you in an accident.
- Defensive driving requires a knowledge of all the adjustments required in your driving for the special hazards presented by abnormal, unusual or changing conditions—in the mechanical functioning of your vehicle, type of road surface, weather, degree of light, kind of traffic, and your physical condition and state of mind.
- Defensive driving requires a thorough knowledge of the rules of right of way and the willingness to yield the right of way to the other driver whenever necessary to avoid an accident.
- Defensive driving requires an attitude of confidence that you can drive without ever having a preventable accident.

There is no doubt that a professional code for defensive drivers is not easy to follow. As professionals, however, you must show the way for other drivers and do your best to drive defensively.

Let's take a brief look at how we can accomplish all that is expected by the code. Basically, you must follow three basic steps.—

- See the hazard—when driving, think about what is going to happen or what might happen as far ahead of encountering a situation as possible. You should never assume everything will be "all right."
- Understand the defense—specific situations require specific ways of handling. Become familiar with the unusual conditions which you may face and learn them well so that you can apply them when the need arises.
- Act in time—once you've noted a hazard and understand the defense against it, act! Never take a "wait and see" attitude.

Taking these three steps and keeping good driving techniques in mind, you'll learn to "give in" a little; to tailor your driving behavior to the unexpected actions of other drivers and pedestrians; to the unpredictable and ever changing factors of light, weather, road and traffic conditions; to the mechanical condition of your vehicle; and even to how to feel.

Don't hesitate to contact The Timbermen Loss Control department or your Loss Control Representative for assistance with your safety needs.